

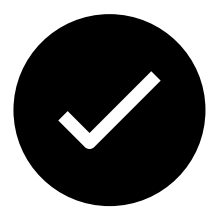
# GAELIC GAMES SPORTS MEDICINE & SPORTS SCIENCE

CONFERENCE 2023

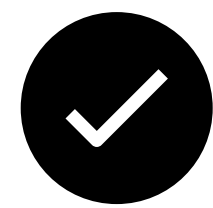
TUS ATHLONE, SEPTEMBER 2ND



**CPD Points  
Available**



**Theme:  
Musculotendinous  
Lower Limb Injuries  
in Gaelic Games**



**Audience: IC Medical  
& Sports Science  
Practitioners**

**UPMC**  
LIFE CHANGING MEDICINE



**GAA**  
WHERE WE ALL BELONG

**gpa**

**GAELIC GAMES  
PLAYER  
PATHWAY**

**LGFA**  
PEIL na mBAN

**Keynote Speakers:**

Prof. Ian Jeffreys, Dr Ronan Kearney, Jessie Barr, Dr Enda Whyte, Jack Hickey, Dr Joe Jordan, Prof. Kirsty Elliot-Sale, David Breen

Confirm your place now -

**Register Here**





# CONFERENCE PROGRAMME

Morning Theme: Diagnosing Lower  
Limb Injury

Afternoon Theme: Returning to  
Play Post-Injury

## Conference Schedule

**9:15-9:45: Registration**

**9:45-10:00: Welcome & GG  
Physio Rehab Group  
Update - Eamon O'Reilly**

**10:00-10:30: Hamstring  
Injury Assessment &  
Diagnosis - Dr Ronan  
Kearney**

**10:30-10:50: Epidemiology  
of Injury - Dr Enda Whyte**

**10:50-11:25: Diagnosis &  
Assessment of Calf Injuries  
- Dr Joe Jordan**

**11:40-12:00: Female Physiology  
- Prof. Kirsty Elliot-Sale**

**12:00-12:20: Dealing with  
long-term injury - Jessie Barr**

**13:05-13:25: Return to Play  
post Calf Injury - David Breen**

**13:25-13:45: Return to Sprinting  
post High Grade Tendon Injury -  
Prof. Ian Jeffreys**

**13:45-14:15: Hamstring Rehab  
and RTP - Jack Hickey**

**14:15-14:45: Dealing with High  
Grade MST Injury - Roundtable**